TRIA
hair removal laser

getting started
congratulations!

You’re only treatments away from having the sensuous smooth skin you desire.

We recommend reading this guide and referring to the Instructions for Use booklet for additional information before using the TRIA Laser.

enjoy!
getting to know your TRIA Laser

Battery Indicator

Lock

Treatment Level
Choose from levels 1-5, to get a custom treatment and best results

Skin Sensor Indicator
When this light turns on, the TRIA Laser is ready to use

Power Button
Adjusts the treatment setting and turns the TRIA Laser on and off

Display Window

Treatment Window
Delivers laser light during treatments

Charger Socket
Plug the battery charger into this socket

Skin Sensor
Safety feature located inside the base of the TRIA Laser
check the skin tone chart
Match the skin in the area you wish to treat to the range of skin tones shown on this chart. If your skin tone matches any of the skin tones labeled “Not Safe” for treatment, then DO NOT USE the TRIA Laser.

INTENDED FOR THESE SKIN TONES
- White
- Ivory
- Beige
- Light Brown

NOT SAFE FOR THESE SKIN TONES—DO NOT USE
- Medium Brown
- Dark Brown/Black

before your first treatment

Charge your TRIA Laser
Charge the TRIA Laser for 2 hours before you use it for the first time. Plug the battery charger into the TRIA Laser charger socket, then into a power outlet. The battery indicator will show it is “filling up.” When the TRIA Laser is fully charged the battery light will stay on.

Activate your TRIA Laser
A one-time online or telephone activation is required before you can use the TRIA Laser. Go to TRIABeauty.com/Activate or call TRIA Beauty Customer Care at 1-877-321-TRIA (8742). Activation takes less than 5 minutes to complete. The TRIA Laser will not work until it’s been activated.

Perform a patch test
Before your first full treatment on a new area of your body, we recommend you test the TRIA Laser on a patch of skin there and try different energy levels.

1. Wash, shave and dry the treatment area. Next, unlock the TRIA Laser with the Skin Sensor (see page 6).
2. Place the Treatment Window flat against your skin, and test one laser pulse.
3. If the Level 1 setting was comfortable for you, then move to another test area and increase to Level 2, testing a patch at that level with one laser pulse. Continue increasing levels and changing test locations until you reach the highest level that you can tolerate.
4. Wait 24 hours and then examine the test area. If your skin looks normal, start your first treatment at the highest level that is comfortable to you. Contact Customer Care or your doctor if your skin does not look normal after the patch test.
before every treatment

Get your skin ready

1. Wash the treatment area thoroughly.

2. Shave the treatment area. If possible, use a new razor to make sure you get an extra close shave. (Shaving helps reduce discomfort during treatment because the TRIA Laser works on the hair inside the follicle, below the surface of the skin.)

3. Wipe your skin with a cool, damp cloth to dry the area and remove any shaving cream or soap.

Unlock the TRIA Laser with the Skin Sensor
The Skin Sensor is a built-in safety feature located inside the base of your TRIA Laser. To unlock the laser with the Skin Sensor:

1. Turn on the TRIA Laser.

2. Hold the base of the TRIA Laser over the skin in the area you wish to treat. The Skin Sensor will automatically sense and check your skin. If it’s safe for you to use the TRIA Laser, it will emit a series of beeps and unlock.

3. If the TRIA Laser does not unlock, then it may not be safe for you to use. Or, you may be using the Skin Sensor incorrectly and need to try again. To try again, lift the Skin Sensor from your skin and follow steps 1 and 2 above. If you still aren’t able to unlock the TRIA Laser, contact Customer Care. When not in use for approximately five minutes, the TRIA Laser will automatically lock.

Set the TRIA Laser to your comfort level
Refer to the Display Window to find the current treatment level. To increase the level of your treatment setting (Levels 1-5), press the Power Button. Each time you press the Power Button, the level will increase. Once the TRIA Laser is at Level 5, press the Power Button again to return to Level 1. For best results, choose the highest treatment level that you can tolerate.
how to use the TRIA Laser

1. Cleanse, shave and dry the treatment area thoroughly. Using the Power Button, choose the highest treatment level you can tolerate.

2. Touch the TRIA Laser’s Treatment Window to the area you wish to treat, making sure that it is flat against the skin. Hold the Treatment Window in place until you hear a beep. The beep signals that the laser has pulsed.

3. After the beep, lift and place the Treatment Window on the next area, making sure that it slightly overlaps the last area that you treated, as shown.

   Please note: Always move the Treatment Window to a new area after you hear the TRIA Laser beep. Failure to do so may result in discomfort or skin heating, which could cause skin injury.

4. Continue treating in this two-step motion: Wait for the beep, and then place or glide the Treatment Window to the next treatment area.

   Please note: There are two ways to move the Treatment Window to the next treatment area: You may lift and place it onto the next treatment area at your own pace, or you may quickly glide it to the next treatment area and the laser will pulse automatically.
what to expect

For best results, treat twice a month for the first 3 months, and then once a month until you’re done.

What does a TRIA Laser treatment feel like?
The sensation varies, depending on the person and treatment area itself. Some feel a warm, prickling sensation. If you don’t feel anything during treatment, we recommend you increase a level until you’ve reached the highest setting that you can tolerate. It’s easy to customize your treatments, using its five comfort levels.

After your first treatment
There will be no visible change to the hair or the appearance of the skin. Shave between treatments, but don’t pluck or wax hair.

After 2 months
Hair growth will begin to lighten and become finer.

After 3 months
You will begin to see a visible reduction in the amount of re-growth, especially where hair growth is dense.

After 6-8 months
Hair follicles that have been disabled by the TRIA Laser will not grow back.
### Troubleshooting

Please call TRIA Beauty Customer Care at 1-877-321-TRIA (8742) for additional help.

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<th>How to troubleshoot</th>
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<td>My TRIA Laser won’t turn on.</td>
<td>Your TRIA Laser needs to be activated.</td>
<td>Complete the one-time activation process.</td>
</tr>
<tr>
<td></td>
<td>Your TRIA Laser is not completely charged.</td>
<td>Charge your TRIA Laser.</td>
</tr>
<tr>
<td>While I’m charging my TRIA Laser, the battery indicator on the display doesn’t “fill up.”</td>
<td>Your TRIA Laser isn’t connected properly.</td>
<td>Confirm that your TRIA Laser is firmly plugged into the charger and the wall outlet.</td>
</tr>
<tr>
<td></td>
<td>Your TRIA Laser is already fully charged and ready to use.</td>
<td>Unplug the Battery Charger from the wall and from the TRIA Laser.</td>
</tr>
<tr>
<td>Even after I charge my TRIA Laser, the battery indicator is still “filling up.”</td>
<td>Your TRIA Laser isn’t fully charged.</td>
<td>Charge your TRIA Laser.</td>
</tr>
<tr>
<td>I can’t use my TRIA Laser, and an image of a lock shows on the Display Window.</td>
<td>Your TRIA Laser is locked.</td>
<td>For your safety, the TRIA Laser will lock when it’s not in use. Unlock your TRIA Laser with the Skin Sensor.</td>
</tr>
<tr>
<td>When I put my TRIA Laser against my skin, nothing happens.</td>
<td>Your TRIA Laser is locked.</td>
<td>For your safety, the TRIA Laser will lock when it’s not in use. Unlock your TRIA Laser again.</td>
</tr>
<tr>
<td></td>
<td>Your TRIA Laser is plugged into the Battery Charger.</td>
<td>Your TRIA Laser won’t work when it’s plugged in to the Battery Charger. Unplug your TRIA Laser.</td>
</tr>
<tr>
<td></td>
<td>The Treatment Window isn’t completely in contact with your skin.</td>
<td>Confirm that the Treatment Window is completely flat against your skin.</td>
</tr>
<tr>
<td></td>
<td>The area you’re trying to treat is too small.</td>
<td>Try again, pulling the skin flat. If you can’t get the whole Treatment Window to touch the treatment area, then the TRIA Laser won’t work.</td>
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## Troubleshooting

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<td>The Display Window is flashing quickly.</td>
<td>Your TRIA Laser is not working properly.</td>
<td>Please call Customer Care for assistance.</td>
</tr>
<tr>
<td>Dirt or debris is stuck to the window on the laser.</td>
<td>Your TRIA Laser needs to be cleaned.</td>
<td>If you can’t get the area clean, call Customer Care for assistance.</td>
</tr>
<tr>
<td>I tried to unlock my TRIA Laser, but it’s still locked.</td>
<td>It may not be safe for you to use the TRIA Laser.</td>
<td>Match your skin tone to the Skin Tone Chart on page 5 of this booklet, and contact Customer Care with any questions.</td>
</tr>
<tr>
<td>When I reposition my TRIA Laser, it seems to take a long time before the next pulse of laser light.</td>
<td>You didn’t use the Skin Sensor correctly.</td>
<td>Try again, holding the Skin Sensor flat and firm against your skin.</td>
</tr>
<tr>
<td>My TRIA Laser was working properly, but then it stopped working. The display is off and does not turn on even when I press the Power Button.</td>
<td>The battery needs to be charged.</td>
<td>Recharge your TRIA Laser.</td>
</tr>
<tr>
<td>When I’m using my TRIA Laser, I can hear a fan working.</td>
<td>This is normal.</td>
<td>Continue your treatment.</td>
</tr>
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